the birds and the bees

message series by Pastor Gregg Matte

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Part One

1 Thessalonians 4:1-8 (p. 836)

• The birds and the bees starts with a desire to please Him not just following rules.

• God has a will for sex:

- Holy → True purity brings true passion.

Purity begins in the eyes and mind. Job 31:1 (p. 376)

- Honorable → Sex is to be highly valued.

Impurity brings dishonor, purity brings honor.

• Three verbs for Faithfulness:

Know God and be satisfied. v.1 & 5 (p. 836)
Avoid sexual immorality. v. 3 (p.836)
Learn to control yourself. v. 4 (p. 836)

JULIANNA POOR MEMORIAL
COUNSELING CENTER
HOUSTON'S FIRST BAPTIST CHURCH

Julianna Poor Memorial Counseling Center Recommendations

Sex education begins at birth whether we intend it to or not. It is important with the prevalence of sexual content in society today that we become proactive in education of not only our children but also ourselves to the dangers of sexual immorality and its effects on us, our family, and generations to come. We have compiled a list of relative resources to help you in the battle.

Books Dealing with Sexual Purity

Every Man's Battle – Steve Arterburn
Every Woman's Battle – Steve Arterburn
Every Young Man's Battle – Steve Arterburn
Every Young Woman's Battle – Steve Arterburn
Out of the Shadows – Patrick Carnes
Shattered Vows – Debbie Laaser
Breaking Free – Russell Willingham
False Intimacy – Harry Schaumberg
Passion and Purity – Elizabeth Elliot
Sex and the Supremacy of Christ – John Piper
Addicted to Love – Stephen Arterburn
Addiction…Banquet at the Grave – Edward T. Welch
Untangling the Web: Sex, Porn and Fantasy Obsession – Robert Weiss, Jennifer Schneider

Helpful Websites

www.sexhelp.com
www.hopeandfreedom.com
www.xxxchurch.com

Filters and Accountability Software

www.bsafehome.com – filter
www.covenanteyes.com – accountability
www.accountable2you.com – free accountability
www.x3watch.com
www.wisechoice.net – filter/accountability
www.internetsafety.com

For more information or to schedule a counseling appointment please contact the Counseling Center at HoustonsFirst.org (What We Do > Counseling) or call 713.335.6462.