

Sep 13, 2009 • Pastor Gregg Matte

Part One: The Rhythm of Work and Rest
Genesis 2:1-3 and 2:15 (p. 2)

"We worship our work, work at our play and play at our worship"
-- Thomas Erickson

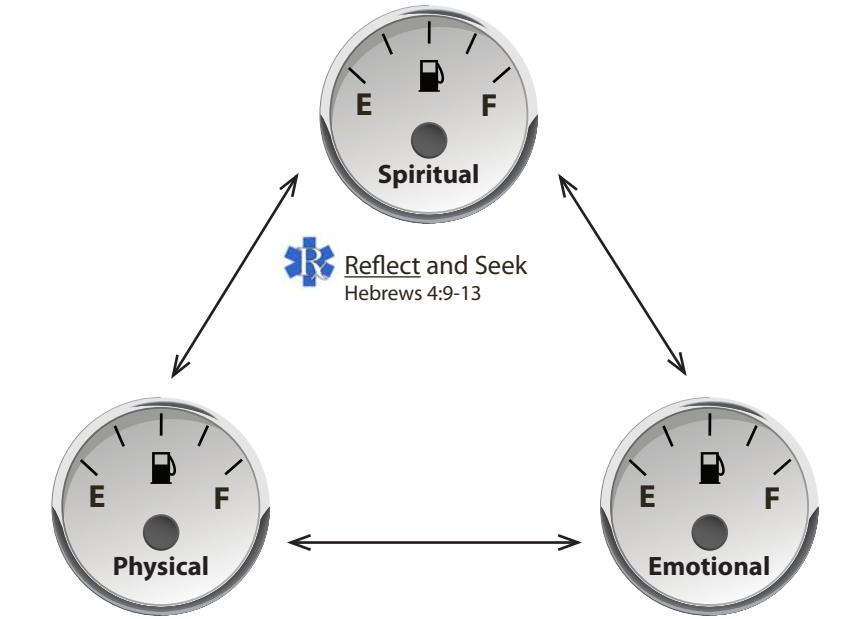
• Work gives us <u>purpose</u> and provision.

- We work knowing God <u>has</u> provided.
Genesis 22:8; Matthew 6:33

• Sabbath Rest is not just **–** work, but **+** <u>God</u>, through true reflection and refreshment.
Mark 2:27-28

(over →)

• Three tanks to fill:



BEYOND SUNDAY

Pastor Gregg suggests the following resources to help extend today's message beyond Sunday.

"Hallelujahs" - Chris Rice, *Deep Enough to Dream* Nehemiah 9:6 (p. 348)

The book, *The Rest of God*, by Mark Buchanan is available today at Corner Books.