MESSAGE NOTES

THE LOOP

REAL LIFE. REAL PEOPLE.: WHEN LIFE IS OVERWHELMING

July 7, 2013 • Pastor Gregg Matte • Psalm 142:1–5

- **_____ plead and pour out in the right direction.**
  Psalm 142:1; Psalm 5:3; Psalm 28:2

- **Acknowledge your _____ and _____.**
  Psalm 34:4; 1 Corinthians 1:25; 1 Corinthians 2:3

- **Realize life can be _____.**
  1 Timothy 5:5; Matthew 14:23; Matthew 17:8

- **The difference is found in _____ not the _____.**
  Job 31:33; Isaiah 28:17; Psalm 32:7



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