



## » PRAYER WALK

### PRAYER EVERYWHERE: PRAYING ON-SITE WITH INSIGHT

During this Lenten season, you are invited to prayer walk the streets of Greater Houston alongside thousands of other followers of Jesus. As we walk and pray together, we trust God to bring quiet but powerful transformation — day by day, street by street, and heart by heart. We encourage you to connect with the Awaken Houston (AwakenHouston.org) initiative and use the Holy Here app (HolyHere.com) to track your prayer walks and join the collective movement of prayer across our city.

Prayer walking is simply **praying on-site with insight**. There is no single formula or method. Prayer walkers throughout history have prayed in many different ways, and there is nothing magical about the act of walking itself. Rather, God's Spirit helps us pray with **persistent spontaneity** in the very places where we long to see Him move.

As we prayer walk, we draw near to the people and places for whom we are praying. Being physically present sharpens our focus, deepens compassion, and helps us pray more specifically for homes, families, schools, churches, and neighborhoods. Prayer walking allows us to ask God to shape our hearts for our city as we learn to see it through His eyes.

*"There is not a square inch in the whole domain of our human existence over which Christ, who is Sovereign over all, does not cry, 'Mine!'"*

— Abraham Kuyper

### WHY PRAYER WALK?

#### PRAYER WALKING IS ROOTED IN SCRIPTURE AND GOD'S MISSION IN THE WORLD.

- Unity in Christ (*John 17*) — Jesus prayed that His people would be one so the world would know Him. As we walk together, we live out that prayer.
- God's Glory (*Matthew 5; Habakkuk 2:14*) — We walk so that God's light and glory would fill every corner of our city.
- The Great Commission (*Matthew 28*) — As we go, we pray for disciples to be made. In Houston, the nations are already among us.

Prayer walking also helps us grow spiritually as God renews our faith, focuses our prayers, and forms us into people of compassion and mission.

### HOW TO PRAYER WALK

#### PRAY WITH GOD'S SPIRIT

Invite the Holy Spirit to guide your steps and your prayers. Pay attention to what He brings to mind, especially in moments of silence.

#### PRAY WITH GOD'S WORD

Read Scripture aloud or carry a verse with you as you walk. Let God's Word shape and anchor your prayers.

#### PRAY WITH PURPOSE

Use your senses to observe what is around you — the sights, sounds, and needs of the area — and pray specifically for what you see.

#### PRAY ALONE OR WITH OTHERS

You may prayer walk alone, but many find praying with one or two others helps focus prayer and encourages agreement.

#### BE CONSISTENT

Prayer walking the same areas regularly often deepens spiritual insight and strengthens love for the community.

### PRAYER POINTS AS YOU WALK

#### PRAY INTENTIONALLY FOR THE PLACES AND PEOPLE YOU ENCOUNTER.

- Schools and Universities — For students, teachers, and administrators to flourish and encounter Christ
- Churches — For unity, revival, and bold witness
- Businesses — For integrity, provision, and blessing
- First Responders — For safety, wisdom, and peace
- Run-Down Buildings or Empty Lots — For renewal, hope, and redemption
- Neighborhoods and Homes — For families to know Christ and experience peace
- Parks and Community Spaces — For these places to be filled with life and Gospel impact

# PRAYING AGAINST STRONGHOLDS

As you walk, you may become aware of brokenness, injustice, or spiritual darkness.

**WHEN YOU SENSE THESE REALITIES, PRAY WITH FAITH AND AUTHORITY IN JESUS' NAME.**

- For light to overcome darkness (*John 1:5*)
- For chains of addiction, fear, violence, greed, or division to be broken
- For peace and justice to replace oppression and corruption
- For Christ to reign in places where He is not yet acknowledged

We do not walk in fear, but in faith, trusting that *"He who is in us is greater than he who is in the world"* (1 John 4:4).

## ENGAGING PEOPLE ALONG THE WAY

**BE RESPECTFUL, GENTLE, AND SPIRIT-LED. IF THE OPPORTUNITY ARISES, CONSIDER SIMPLE INVITATIONS SUCH AS:**

- “We’re walking and praying over our city. Is there anything we can pray for you or your family about?”
- “We’re asking God to bless this neighborhood. Is there a specific way we can pray for you today?”
- “We’re praying for our city during this season. How can I pray for you?”

Prayer walking is not about forcing conversations, but about being available, attentive, and obedient as God opens doors.

*As we prayer walk, we trust God to quietly bring transformation — day by day, street by street, and heart by heart.*

## » NOTES



# » PRAYERS FOR GREATER HOUSTON

Greater Houston is made up of many cities, neighborhoods, cultures, and communities — each with its own strengths and challenges. As we pray, we lift up the entire region and all who live, lead, work, learn, and worship across Greater Houston.

## SALVATION AND SPIRITUAL AWAKENING

Pray that people throughout Greater Houston would hear the Gospel, respond in faith, and experience new life in Christ. Ask God for repentance, renewal, and spiritual awakening across the region, and that Greater Houston would become a City of God.

*John 5:24; 2 Peter 3:9*

## UNITY OF THE BODY OF CHRIST

Pray for unity among believers and churches across denominations, networks, cultures, and cities. Ask God to make His people one in love and mission so that the world may believe.

*John 17:21; Ephesians 4:3*

## GUIDANCE AND RENEWAL FOR CHURCHES

Pray for churches and leaders to be guided by the Lord as they proclaim God's Word, disciple believers, and serve their communities with faithfulness and compassion.

*Psalm 32:8; Hebrews 10:24*

## MISSION AND GOSPEL WITNESS

Pray that believers across Greater Houston would see themselves as missionaries in their everyday lives and boldly share the Gospel in every neighborhood and workplace.

*Acts 1:8; Romans 10:15*

## TRANSFORMATION OF CITIES AND COMMUNITIES

Pray for God's light to shine throughout every city and neighborhood — within families, schools, businesses, media, government, and community life — bringing lasting transformation.

*Matthew 5:16; Psalm 33:12*

## WISDOM FOR GOVERNMENT AND CIVIC LEADERSHIP

Pray for the many mayors, city councils, county officials, school boards, judges, and civic leaders across Greater Houston. Ask God to grant wisdom, integrity, justice, and humility.

*1 Kings 3:9; Proverbs 29:2*

## SAFETY, FIRST RESPONDERS, AND DISASTER PREPAREDNESS

Pray for protection from flooding, storms, and disasters. Ask God to strengthen and protect first responders, medical teams, and relief workers, and to guide long-term recovery efforts.

*Psalm 46:1; Psalm 121:7*

## THE POOR, HUNGRY, AND LONELY

Pray for those living in poverty, hunger, and isolation across Greater Houston. Ask God to provide daily needs, dignified work, and compassionate care; and to stir generosity among His people.

*Psalm 69:33; Proverbs 19:17*

## FREEDOM AND DIGNITY FOR THE OPPRESSED

Pray that God would expose and dismantle systems of human trafficking and exploitation. Ask Him to unite the church to protect the vulnerable and restore dignity and hope to survivors.

*Luke 4:18; Isaiah 1:17*

## IMMIGRANTS, REFUGEES, AND THE NATIONS

Pray for immigrants, refugees, asylum seekers, international students, and foreign-born residents across Greater Houston. Ask God to provide protection, peace, and welcome; and give thanks for believers from the global Church among us.

*Psalm 146:9; Ephesians 2:19*

## FAMILIES, MARRIAGES, AND RELATIONSHIPS

Pray for strong, healthy families and marriages. Ask God to heal broken relationships, protect children, strengthen parents, and comfort those who are lonely or grieving.

*Joshua 24:15; Psalm 68:6*

## FOSTER CARE AND ADOPTION

Pray for every child and family impacted by foster care and adoption — that children would experience safety, healing, and belonging; that families would be strengthened and supported; and that the system would be shaped by wisdom, compassion, and justice.

*Psalm 68:5; Isaiah 1:17*

## STUDENTS, SCHOOLS, AND THE NEXT GENERATION

Pray for students, teachers, administrators, and schools across Greater Houston. Ask God to protect young people, encourage educators, and prepare the next generation of godly leaders.

*Proverbs 22:6; 1 Timothy 4:12*

## CHURCHES PLANTED AND LEADERS RAISED

Pray for more churches to be planted and leaders to be raised up to reach Greater Houston's growing and diverse population, and for the region to be a sending place to the nations.

*Matthew 9:38; Ephesians 4:16*

## HEALING FOR THE HURTING

Pray for healing for those affected by trauma, loss, injustice, and disaster. Ask God to bind up wounds and restore individuals, families, and communities to wholeness.

*Psalm 30:2; Psalm 147:3*